



Church Focus

SUMMER 2025

Maud & Savoch

with

New Deer, St. Kanes

Charity Numbers: SC009773 & SC007917

Welcome

When you think about 'rest', what comes to mind? What does it mean for you? Is it simply a break from the busy-ness of your regular activities, or something more? Is it something you do when you are tired, like going for a wee lie down on top of your bed, or the forty-winks you sneak in after a meal? Is 'rest' something you build into the way you live life, or is it found in the quiet moments as and when you can? And also, what constitutes 'rest' for you?

The ability to rest does not always come naturally to us, and I think the older we get the more we seem to need it – or is that just me? Experience tells us that we can no longer burn the candle at both ends the way we maybe once did. But then this implies that rest is related to sleeping and getting enough of it. I'm not sure this is the kind of rest God wants for us, and certainly isn't the kind of rest being encouraged in the Bible.

In the story of creation, God rested after his initial work was complete. We could project that without rest, his ongoing work of creation would not be possible, and whilst that is clearly nothing more than conjecture, it can certainly be said of and applied to ourselves. Without good rest, our energy, enthusiasm and ability become dangerously depleted. And so, breaking the ties that bind us to effort, responsibility, and the pressure of work is crucial. Even in retirement, we can be guilty of doing too much. Quality rest time is still needed though, even when our paid working days are done.

The holy rest God wants for us is about allowing individuals time and space to pause from daily life and work to connect with him. It is a distinctive biblical practice that emphasizes spiritual renewal and rejuvenation and is essential for the development of our relationship with God..

You may think that Sabbath observance requires a rigid set of practices, but in reality, it promotes freedom. Sabbath rest is about reconnecting with God and revitalising your spirit. Embracing this day does not mean adhering to a checklist; it means creating space for joy and renewal, making time for God. It's not just about taking a break from the everyday routine but about nurturing your spirit and reconnecting with what truly matters. Understanding holy rest is essential for spiritual renewal.

Modern sabbath observance can be achieved by setting a specific day or time when we disconnect from work and engage specifically in a time of worship, in prayer, in quiet reflection in the company of Jesus, perhaps through journalling, or walking, or while out in the garden or spending time with family. It is not the day that matters, it is the practice.

Jesus said, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls" (Matthew 11:28-29).

As you explore your own Sabbath practices, remember that it is a personal journey. So, take a moment to pause and experience the freedom and renewal that God's holy rest offers, and you will find peace.

Yours in Christ,

Aileen McFie

Church Services

All Age Morning Worship takes place at 10.30 am each Sunday morning, month about between Maud & Savoch Church and St Kane's Church Centre

Sunday Services in May – St Kane's Church Centre

Sunday Services in June -- Maud Church

Sunday Services in July – St Kane's Church other than Sunday 20th July

Sunday 20th July

10.30 am

All Age Sunday Worship in the Church tent at New Deer Show

6.30 pm

Songs of Praise at Maud Church



All ages are welcome at Church services. Young families, Children's Church is held the first Sunday of each month and there are regular dedicated family services.

Holy Communion



We look forward to welcoming you around the Lord's table on Sunday 4th May at 10.30am St Kane's Church Centre when the Sacrament of Holy Communion will be shared.

All who love the Lord a little and want to love him more are welcome to share this holy feast.

"Come, because it is the Lord who invites you."

Bible Study

Information about themes and times for Bible Study during the summer will be intimated at Church Services and on our Facebook pages

Annual Church Picnic

The annual Church picnic will be held after Church (about 11.30 am) on Sunday 17th August in Maud Church gardens (Church Hall if the weather is bad) Come along for a friendly fun afternoon. Hotdogs, burgers and drinks available or bring your own picnic if you want to. All are welcome.



Men's Breakfast

Men's Breakfast is held at The Mustard Seed Café, St Kane's Church Centre 8.30 am to 10.00 on the first Saturday of the month. Men come together to share fellowship and faith over a tasty breakfast where they have a platform to chat on all manner of subjects.

If you would like to find out more contact Alistair on 07551406204 or just come along one Saturday morning.

Dates for this quarter:

Saturday 3rd May

Saturday 7th June

Saturday 5th July



Craft Group and Prayer Shawl Ministry

Craft Group and Prayer Shawl Ministry meets 10.30 am til 12 noon the first and third Monday of the month at Maud Church Hall. Come along to share skills learn new ones or get involved in a project or just come for a cuppa and chat.

A Prayer Shawl is made as a gift for someone going through difficult times such as bereavement or illness or for a special celebration like a new baby or a wedding.

We continue to be keen to develop a Prayer Shawl Ministry within our



Churches so if you are interested in getting involved just get in touch. You don't need to come along to Craft Group to be part of the Prayer Shawl Ministry, they can be worked on at home in small groups or alone - whatever suits you.

All are welcome and if you are interested to find out more about Craft Group or the Prayer Shawl Ministry, contact Jan on 07460307416 or just come along one morning.

Dates for this quarter:
Monday May 5th and 19th
Monday June 2nd and 16th
Monday July 7th and 21st

Walking Group

It's been a good start for Walking Group this year with our "Journey Through Lent". This took us on an interesting journey of faith, through visits to different parishes, Kirkyards and historical sites, following in the footsteps of Saints who brought Christianity to this corner of Scotland.

Walking Group is a great way to get out and about with others. Now the lighter nights are here we can get out in the evening as well as through the day. Walks are organized on an ad hoc basis (when the weather is good) and posted on the Whats App chat. If you are not on Whats App we can message you separately.

In the summer, shorter walks are always taken in the afternoon, are on easy terrain and usually involve a fly cup so suit all ages and abilities. Longer walks are taken in the evening and sometimes during the day if we are heading out for a bigger challenge.

If you would like to know more about Walking Group or get involved contact Jan on 0746307416 or ask to get added to the WhatsApp Chat.

Church Meetings

Maud and Savoch Congregational Board
7.00 pm Thursday 19th June

St Kane's Congregational Board
7.30 pm Wednesday 25th June

Joint Kirk Session
7.30 pm Thursday 12th June and
Thursday 21st August at Maud Church Hall

Warm and Welcome Soup and Sweet

All are welcome at our twice monthly Monday soup and sweet at Maud Church Hall which runs from 11.30 am to 1.30 pm. Come along for a warm welcome, cup of tea, chat with friends and a warming soup and sweet lunch.



There is no charge for teas or lunch but folk can make a small donation if desired.

Dates for this quarter
Monday May 12th and 26th *
Monday June 9th and 23rd
Monday July 14th and 28th



Warm and Welcome Soup and Sweet on the 26th May will be a joint St Kane's, Maud and Savoch Church event to raise funds for the "Let Your Little Light Shine" initiative. All donations will go to providing solar lights to support the education of children and young people in Malawi.

There will also be a Retiral Offering at the Sunday Service on the 25th May for this project.



1st New Deer Boy's Brigade meets Monday evening during term time,
6.30 pm to 8.00 pm at St Kane's Church Centre
Anchor Boys P1 to P3
Junior Section P4 to P6

Our last meeting before the summer break will be on the 16th June.
New members are always welcome so if you have boys who are
interested in coming or would like a bit more information, get in
touch with Anne Marie on 07768850894

Practical Days at Maud Church

As our Practical Days last year were such a success we are planning more for 2025. If you have some free time and are able to come along to help with work on the grounds or deep cleaning, repairs and painting it would really be appreciated. Refreshments, good company and fellowship included. For starters, weather permitting we will be at the Church on:

Wednesday 14th May, 6.30 pm – 8.00 pm

Saturday 24th May, 9.30 am – 11.30 am and

Saturday 7th June, 9.30 am – 11.30 am

with more dates being organized over the summer



If you can help in any way or would like
more information please get in touch
with Isabel on 07760122045



St Kane's Guild

St Kane's Guild meet at 7.30 pm on the fourth Thursday of the month at St Kane's Church Centre and extend a warm invitation to folk to come along to get involved and be a part of this Scotland-wide faith movement.

Aberdeenshire North Guilds Together launch takes place at 10.00 am on Thursday May 1st at Inverurie Acorn Centre. Come along to hear from representatives of the Guild projects about the work that they do and the difference our support makes.

On Saturday May 10th Aberdeenshire Guilds Together have an outing to Fyvie Castle. Meet in the Castle car park at 11.30 am for a walk around the gardens and grounds (as short or long as you can manage) followed by lunch at the café.

Thursday May 22nd - 7.30pm at St Kane's Church Centre sees our final meeting for this session before we break for summer. Anne Milne will lead the meeting.

All are welcome at all meetings and activities. If you would like to find out more contact Anne on 07789382721 or just come along..

New Deer Show 19th and 20th July

Once again the Churches will have a tent at the New Deer Show where folk can come for a warm welcome and time of quiet and rest, enjoy a cup of tea and chat. There are also activities available for the children. If you are going along to the show, pop in and see us.



Helping hands are always appreciated in getting prepared, helping serve teas and tidying up afterwards. If you are interested in getting involved in any way just let us know.

Sunday morning worship will be held in the show tent at 10.30 am Sunday 20th July. All are welcome so please come along and join in.



Foodie Favorites

A colorful poster for 'Foodie Favourites'. At the top left is a line drawing of a chef's hat. The title 'Foodie Favourites' is in large, bold, red letters. Below it, in smaller red text, is 'A Cookery Demonstration and Tasting Evening'. To the right, a green circle says '7pm Start'. In the center, a blue circle lists the dates: '2024/2025 Thursdays 7th November 5th December 6th February 6th March'. To the right of this, a pink circle says 'St Kane's Church Centre'. At the bottom left, a purple circle says 'Free Entry All Welcome'. At the bottom right, a yellow circle says 'Presented by New Deer St Kane's Parish Church'. There are several circular images of food: a stack of cakes, a roasted meat dish, a bowl of red sauce, a strawberry cake, and a bowl of salad.

Refuel and the Filling Station

If you enjoy worship and the fellowship of fellow believers, whether you are sure in your faith or just wanting to dip your toes in the water, both these events are open to all and offered to anyone who would like to come along.



The Filling Station Buchanan lead worship in Maud Village Hall on the first Saturday of every month, gathering for fellowship from 7pm for worship beginning at 7.30pm. This is a non-denominational service in which we share our love for Jesus in praise and prayer. Come and join us if you can. You will certainly see some familiar faces within the gathering.

Refuel 25 is an annual holiday week where Christians gather to relax and worship together in the Spirit of the Lord. You can stay the whole week if you'd like, but if you've never been before and would appreciate the opportunity to see what it is like, we intending to arrange transport for those who would like to go for the day. For more information, please contact us via email at stkanes@outlook.com or speak with the Minister any Sunday, or by calling 01771 644631.

We'd love for you to join us.



TOYS - BOOKS - CLOTHES - HOUSEHOLD ITEMS

KIRK SHOPPIE

St Kanes Church Centre
NEW DEER

Open 12th - 30th May



OPENING TIMES
Mon 12th 12 - 4pm
Tues 13th - Fri 30th
10am - 4pm
Sat 24th 10am-12pm
Coffee Morning

LARGE SELECTION OF GOODS

RECYCLE 

REDUCE WASTE

SHOP NOW

GREAT
PRICES



Time for Prayer

Come together for prayers on Wednesday morning at 10.00 am in St Kane's Church Centre. We also have a WhatsApp Prayer group where we share prayer requests and prayer points are shared.

All are welcome to join the Prayer Groups and if you want to find out more or have any prayer requests please contact Reverend Aileen McFie or just come along one Wednesday morning.

Heavenly Father

We humbly come to you and pray for our community. There are many among us who carry the burdens of illness, pain, and sorrow. We ask for your merciful touch to heal their bodies, minds, and spirits. Grant them strength and courage to face their challenges, knowing that they are never alone in their struggles.

May your comforting presence envelop our community, bringing hope and renewal to each and every member.

Amen.



Presbytery News

You can keep up to date with other Presbytery News and Prayer Points at www.nenipresbytery.org.uk

Mustard Seed Café

St Kane's Church Centre, New Deer

Telephone 01771 644097

Monday to Friday - 10 am to 4 pm

Sit in or Takeaway

Homemade Soup

Sandwiches - Toasties - Paninis - Quiche

Homebakes - Cakes - Scones - Hot Pancakes

Afternoon Tea (requires 24 hour notice)



The Kingdom of Heaven is like a Mustard Seed.

Matthew 13 v31

Scottish Charity Number SC007917

Thy Kingdom Come

Thy Kingdom Come is a powerful global ecumenical prayer movement that invites Christians around the world to pray for more people to come to know Jesus. Join our Churches this year in taking part in Thy Kingdom Come between 29th May and 8th June. Pray to encourage others to come to faith.

More information, resources and events for Thy Kingdom Come will be posted later in May. The daily Reflections and Prayer videos will be posted on our Facebook pages.



Supporting Our Community

We continue to take donations of non perishable foods for the local Foodbank and also essential items for young families for Bairnecessities. These include toothpaste, baby shampoo, sponges, oil, wipes and talc, nappy bags, non bio washing tablets and ladies deodorant. Donations can be made at both Churches and at St Kane's Church Centre and are really appreciated by those in need.

Thank you for your donations and continued support



Find us on Facebook - Maud and Savoch Church and New Deer St. Kane's Parish Church
Our Minister is Rev. Aileen McFie 01771 644631